



March 2016



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Administrators' Message

What is a Growth Mindset?

Perhaps you don't know..... YET

In general, a growth mindset is the belief that intelligence and 'smartness' can also be learned and that the brain grows from experience and effort. The opposite, a fixed mindset, is the idea that you are smart, or you are not.

In math, that translates into "some people are good at math, and some are not." Did you know that praising efforts rather than intelligence or results can impact your child's ability to persevere in challenges?! The goal is to have children thrive on challenges and see failures, not as a sign of low intelligence, but as a learning opportunity.

Brain research tells us that making mistakes actually wires more connections into the brain! When people have a growth mindset, they accept challenges, see their efforts as worthwhile, and are open to learning from mistakes. Students with a growth mindset achieve at higher levels than those with fixed mindsets.

As a family, here are some simple ways to promote a Growth Mind Set:

- ▣ Adding "yet" when they claim they are "not good at this" (Respond: "You are not so good at this yet.")
- ▣ Ask questions that focus on their effort and choices and get them to reflect on satisfaction of that effort (e.g. *What did you learn today? What mistake did you make that taught you something? What did you try hard at today?*)

Model this yourself as you share about your day with your family.

Wendy Thompson
Principal

Jean Rudman
Vice-Principal

School Website

www.redstone.ps.yrdsb.edu.on.ca

Superintendent: Rita Russo

905-884-4477

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Additional Elementary and Secondary P.A. Days

As a result of provincial labour negotiations, a P.A. Day has been added for all York Region District School Board elementary schools on Friday, **May 6, 2016** and secondary schools on Friday, **June 3, 2016**. You can see the full updated school year calendars on YRDSB's [website](http://www.yrdsb.edu.on.ca).

These additional P.A. Days are mandated by the Ministry of Education. On these dates, teachers will be taking part in professional development on provincial education priorities identified by the Ministry of Education.

School Cash Online

Time is running out! We are moving fast to a school-wide online payment system. Register NOW by using the details in your child's agenda.

PAY for your child's trips, milk, subs and pizza online.

Step 1: Register

Click on the School Cash Online button on our school's website at <http://redstone.ps.yrdsb.ca/>

and select the "Get Started Today" button.

Complete each of the three Registration Steps

Step 2: Confirmation Email

A registration confirmation email will be automatically forwarded to you. Click on the link provided inside the email to confirm your email and School Cash Online account. The confirmation link will open the School Cash Online site prompting you to sign into your account. Use your email address and password just created with your account.

Step 3: Find Student

NOTE: A STUDENT NUMBER IS REQUIRED

This step will connect your children to your account.

Enter the School Board Name

Enter the School Name

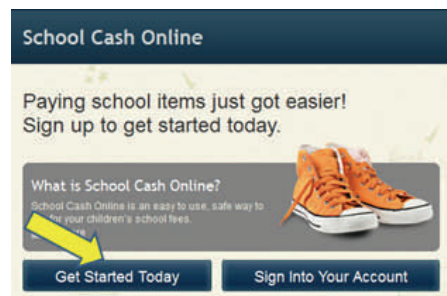
Enter Your Child's Student # and Last Name

Select **Continue**

On the next page confirm that you are related to the child, check in the Agree box and

select **Continue**

Your child has been added to your account



Step 4: View Items or Add Another Student

If you have more children, select "Add Another Student" option and repeat the steps above. 5 children can be added to one parent account.

If you do not wish to add additional children, select "View Items For Students" option. A listing of available items

NEED HELP?

If you require assistance, select the **GET HELP** option in the top right hand corner of the screen or contact School Cash Online – Parent Help Desk at 1-866-961-1803 or parenthelp@schoolcashionline.com.

To view a presentation about the program, go to
<http://www.kevsoftware.com/movies/ParentRegEnglish/>.

Events and Celebrations

Donation Drive

February 22 – March 4, 2016

Who will win LUNCH on the ROOF?

Send in donations by cash or cheque. To receive a tax receipt for donations of \$25 or more, please provide your name and address below. A chance to win a fabulous prize as well as school-wide incentives for raising varying amounts. Complete details were sent home with your child's report card or contact the school.

A special thank you to our School Council for organizing this initiative.

A huge thank you goes to families who have already donated!

Intermediate Girls' Basketball Season



This year's team was one of Redstone's finest ever! It wasn't the number of wins that made them special, although they won their fair share - it was their tremendous character and support for one another that they demonstrated throughout the season. Win or lose, they maintained their poise and positive attitude. Our season started slowly, as there were a lot of new skills to learn, but they picked them up quickly and success soon followed. The highlight of our season was winning our hosted tournament in early February. Congratulations to all of our girls on a successful season.

Popcorn Sales to Support Grade 8 Graduation

Popcorn continues at Redstone. The Grade 8 students are selling popcorn to raise money for graduation. Popcorn will be sold on Tuesdays and Thursdays at **lunch for \$2.00 per bag**.

Flavours are Butter and Salt, White Cheddar, Dill and Salt & Vinegar.

Thank you for your support.



Perseverance Award Recipients

Congratulations to the students recognized this past month for demonstrating perseverance.

JK/SK— Olivia L, Matthew E, David S, Ethan D, Helena T, Nora, Jaclynne, Adam, Alana, Lucas

Grade 1— Maral, Shayan, Hishran, Kaeden

Grade 2— Kathyna, Arshin, Jacquelyn

Grade 3— Charlie, Hanna, Sadaf, Violet, Sophie Z

Grade 4— Hinno, Tanya, Arian

Grade 5— Lilisn, Parsa

Grade 6— Yasaman, Josh H, Sayna, Mahdi

Grade 7— Jacky, Maral, Amir

Grade 8— Avery, Arthur, Sammie



Playing it **safe** this winter

Injury prevention plays a key role in keeping children safe



Check the weather forecast before heading out into the cold

Limit outdoor activity when the temperature or wind chill factor falls below -25°C (-13°F)



Play in safe areas, as a family

Children should always be supervised by a responsible adult



Sports equipment should be free from damage, fit properly and provide good support

When playing on ice or snow, always wear a properly-fitted certified helmet for your winter activity



Although all individuals are at risk of injury, children and youth are especially vulnerable



Predictable and preventable injuries are the leading killer of Canadian children and youth under 20 years of age



In 2012, falls were the leading external cause of unintentional injury resulting in an ER visit among York Region children and youth under 20 years of age



In York Region, unintentional injury in children under 20 years of age accounts for 10 deaths, 451 hospitalizations and 24,166 emergency room visits per year



The economic burden and cost of preventable injuries now stands at a staggering \$8.8 billion in Ontario and \$26.8 billion per year across Canada



Take obvious steps to eliminate safety hazards and prevent injuries by recognizing, changing and controlling unsafe environments, conditions and behaviours

Help raise **awareness** of the impact of **predictable** and **preventable** injuries



Community and Health Services
Public Health

york.ca

Health and Wellbeing

Let's Reduce Cold and Flu Transfer to Others

Student absences have increased recently within several schools in York Region, related to illnesses with respiratory and enteric symptoms.

To protect staff, students and families from getting ill, remember to:

- Stay at home when you are sick, and keep your child home if they are sick
- Keep healthy by eating healthy foods, being physically active and ensuring your immunizations are up-to-date, including the seasonal flu shot
- Avoid close contact with people who are sick
- Wash your hands often with soap and water or using an alcohol-based hand sanitizer when soap and water are not available
- Cough and sneeze into your sleeve or a tissue, not your hand, and throw away used tissues immediately

- Avoid touching your face
- Clean and disinfect common surfaces

Symptoms of respiratory and/or enteric illness can include:

- Headache
- Chills
- Fever (over 38 degrees Celsius or 100 degrees Fahrenheit)
- Muscle aches and fatigue
- Runny nose
- Sneezing
- Sore throat
- Watery eyes
- Loss of appetite
- Nausea and vomiting
- Diarrhea



If you or your child are sick and do not improve, contact your health care provider.

Many viruses are commonly active at this time of year, for example norovirus and influenza (flu). Both viruses are very contagious and can be spread by contact with contaminated surfaces, such as door knobs or eating utensils.

March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 	3	4	5
6	7 	8	9 <i>Jr./Int. Electives</i> 	10 <i>VIP for Grade 7's</i>	11 <i>Pr./Jr. Electives</i>	12
13	14	15	16	17	18	19
						
20	21	22	23 	24	25 <i>Good Friday (no school)</i>	26
27	28 <i>Easter Monday (no school)</i>	29 <i>Character Assem- bly</i>	30 <i>Parent Sympo- sium (evening)</i> 	31 <i>Intermediate Skilled Trade Presentation</i>		

Our Redstone Touchstone

At Redstone Public School,

We respect ourselves, others and our environment.

We are responsible for what we say and what we do.

We speak up for ourselves and for others,

And we include everyone in all activities.

We treat all people equally,

And we help others without being asked.

We never give up, no matter how difficult the task;

At Redstone, everything is possible !

Chinese New Year at Redstone



On February 5th, Redstone kicked off the Chinese New Year celebrations with a song sang in Mandarin and a lion dance performed by Northern Legs Southern Fists Kung Fu. The song spoke about congratulating all of you on completing a successful year and welcoming the new year. The choir was accompanied by Tony Wang on the piano, and consisted of Intermediate students from Ms. Cheung's ESL class along with many students who showed an interest in wanting to learn a Chinese song. Thank you to Ms. Cheung and Ms. Evans for dedicating their time working with the students to prepare for this special assembly, and to the School Council for their support.

